FORM NO. MGT-7

[Pursuant to sub-Section(1) of section 92 of the Companies Act, 2013 and sub-rule (1) of rule 11of the Companies (Management and Administration) Rules, 2014]

(vi) *Whether shares listed on recognized Stock Exchange(s)



Annual Return

(other than OPCs and Small Companies)

Form language				
I. REGISTRATION AND OTH	ER DETAILS			
(i) * Corporate Identification Number	(CIN) of the company	L15419	DL1987PLC350285 Pre-f	ill
Global Location Number (GLN) of	of the company			
* Permanent Account Number (PA	N) of the company	AAACM	6306N	
(ii) (a) Name of the company		МАНАА	N FOODS LIMITED	
(b) Registered office address				
M-19, 1st Floor, M-Block Market, Greater Kailash-II New Delhi South Delhi Delhi				
(c) *e-mail ID of the company		sanjeev	goyal@mahaanfoods.c	
(d) *Telephone number with STD	code	01143107200		
(e) Website				
(iii) Date of Incorporation		13/03/1	987	
(iv) Type of the Company	Category of the Company		Sub-category of the Company	
Public Company	Company limited by sha	res	Indian Non-Government cor	mpany
v) Whether company is having share	capital	Yes () No	

Yes

O No

(a) L	Details of stoc	k exchanges wh	here shares are list	ted				
S. N	lo.	Sto	ock Exchange Nam	e		Code		
1			BSE Limited			1		
(b) C	IN of the Rea	gistrar and Trans	sfer Agent		1174	210DL1991PLC042569	Pr	e-fill
. ,	-	, istrar and Trans	-		071.	2105217711 20012307		
ALA	NKIT ASSIGNM	MENTS LIMITED						
Reg	istered office	address of the I	Registrar and Tran	sfer Agents				
	-208ANARKALI NDEWALAN EX							
vii) *Fina	ncial year Fro	om date 01/04/	2021 (DD/MM/YY	YY) To	date 31/03/2022	(DD/M	IM/YYYY)
viii) *Wh	ether Annual	general meeting	g (AGM) held	•	Yes	○ No		
(a) If	f yes, date of	AGM [28/09/2022					
(b) D	Oue date of A	GM [30/09/2022					
` '	•	extension for AG	6M granted TVITIES OF TH	IE COMD/	O Ye	s No		
		siness activities	1	E COWII F	AIN I			
S.No	Main Activity group code	Description of N	Main Activity group	Business Activity Code	Descri	ption of Business Activ	ity	% of turnov of the company
1	С	Manı	ıfacturing	C1	Food	d, beverages and tobacco	o products	100
(INCL	LUDING JO	DINT VENTUI	-		SSOCIA	ATE COMPANIES Pre-fill All		
S.No	Name of t	the company	CIN / FCR	N F		Subsidiary/Associate/ Joint Venture	% of sh	nares held

IV. SHARE CAPITAL, DEBENTURES AND OTHER SECURITIES OF THE COMPANY

(i) *SHARE CAPITAL

(a) Equity share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid up capital
Total number of equity shares	20,000,000	3,500,700	3,500,700	3,500,700
Total amount of equity shares (in Rupees)	200,000,000	35,007,000	35,007,000	35,007,000

Number of classes 1

Class of Shares	1 Authoricad	Icabilai	Subscribed capital	Paid up capital
Number of equity shares	20,000,000	3,500,700	3,500,700	3,500,700
Nominal value per share (in rupees)	10	10	10	10
Total amount of equity shares (in rupees)	200,000,000	35,007,000	35,007,000	35,007,000

(b) Preference share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid-up capital
Total number of preference shares	0	0	0	0
Total amount of preference shares (in rupees)	0	0	0	0

Number of classes 0

	1 A + la a mi a a al	Issued capital	Subscribed capital	Paid up capital
Number of preference shares				
Nominal value per share (in rupees)				
Total amount of preference shares (in rupees)				

(c) Unclassified share capital

Particulars	Authorised Capital
Total amount of unclassified shares	0

(d) Break-up of paid-up share capital

Class of shares	Number of shares			Total nominal amount	Total Paid-up amount	Total premium
Equity shares	Physical	DEMAT	Total			
At the beginning of the year	446,638	3,054,062	3500700	35,007,000	35,007,000	

Increase during the year	0	0	0	0	0	0
i. Pubic Issues	0	0	0	0	0	0
ii. Rights issue	0	0	0	0	0	0
iii. Bonus issue	0	0	0	0	0	0
iv. Private Placement/ Preferential allotment	0	0	0	0	0	0
v. ESOPs	0	0	0	0	0	0
vi. Sweat equity shares allotted	0	0	0	0	0	0
vii. Conversion of Preference share	0	0	0	0	0	0
viii. Conversion of Debentures	0	0	0	0	0	0
ix. GDRs/ADRs	0	0	0	0	0	0
x. Others, specify						
Decrease during the year	0	0	0	0	0	0
i. Buy-back of shares	0	0	0	0	0	0
ii. Shares forfeited	0	0	0	0	0	0
iii. Reduction of share capital	0	0	0	0	0	0
iv. Others, specify						
At the end of the year	446,638	3,054,062	3500700	35,007,000	35,007,000	
Preference shares						
At the beginning of the year	0	0	0	0	0	
Increase during the year	0	0	0	0	0	0
i. Issues of shares	0	0	0	0	0	0
ii. Re-issue of forfeited shares	0	0	0	0	0	0
iii. Others, specify						
Decrease during the year	0	0	0	0	0	0
i. Redemption of shares	0	0	0	0	0	0

ii. Shares forfeited		0	0	0	0	0	0
i. Reduction of share capital		0	0	0	0	0	0
iv. Others, specify		7					
At the end of the year							
At the end of the year		0	0	0	0	0	
SIN of the equity shares of the company							
(ii) Details of stock spli	t/consolidation during the	e year (for ea	ch class of s	shares)	0		
Class of	f shares	(i)		(ii)		(ii	i)
Before split /	Number of shares						
Consolidation	Face value per share						
After split /	Number of shares						
Consolidation	Face value per share						
of the first return a	es/Debentures Trans t any time since the i	incorporat	ion of the				
Separate sheet att	cached for details of transf	ers	••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••••<l< td=""><td>Yes ()</td><td>No</td><td>•</td><td></td></l<>	Yes ()	No	•	
Note: In case list of trans Media may be shown.	sfer exceeds 10, option for	submission a	as a separate	sheet attach	nment or sub	omission in	a CD/Digital
Date of the previous	s annual general meetino	9					
Date of registration	of transfer (Date Month	Year)					
Type of transfe	er	1 - Equity,	2- Preferen	ce Shares,3	- Debentu	res, 4 - St	ock
Number of Shares/ Units Transferred	Debentures/		Amount p Debenture	er Share/ e/Unit (in Rs	i.)		

Ledger Folio of Trans	sferor						
Transferor's Name							
	Surname	middle name	first name				
Ledger Folio of Trans	sferee						
Transferee's Name							
	Surname	middle name	first name				
Date of registration o	Date of registration of transfer (Date Month Year)						
Type of transfer	r 1 - E	Equity, 2- Preference Shares,3 -	- Debentures, 4 - Stock				
Number of Shares/ D Units Transferred	Debentures/	Amount per Share/ Debenture/Unit (in Rs.)					
Ledger Folio of Trans	sferor						
Transferor's Name							
	Surname	middle name first name					
Ledger Folio of Transferee							
Transferee's Name							
	Surname	middle name	first name				
iv) *Debentures (Outstanding as at the end of financial vear)							

Particulars	Number of units	Nominal value per unit	Total value
Non-convertible debentures	0	0	0
Partly convertible debentures	0	0	0
Fully convertible debentures	0	0	0

Particulars			Number of	units	Nomin unit	nal value	per T	otal valu	ie	
Total									0	
Details of de	ebentures									
Class of deben	tures	1	nding as at inning of the	Increase du year	ring the	Decrease year	during the	1	ding as at of the year	
Non-convertibl	e debentures		0	0			0		0	
Partly convertible debentures			0 0				0		0	
Fully convertible debentures			0	0			0	0		
(v) Securities	(other than shares	and del	bentures)					0		l
Type of Securities	ype of Number of Nor		Nominal Valueach Unit	ie of Tot. Val	al Nomii ue		Paid up V each Unit	alue of	Total Paid	l up Va
Total										

(i) Turnover	

(ii) Net worth of the Company

182,389,300

VI. (a) *SHARE HOLDING PATTERN - Promoters

S. No.	Category	Equi	ity	Preference	
		Number of shares	Percentage	Number of shares	Percentage
1.	Individual/Hindu Undivided Family				
	(i) Indian	1,896,016	54.16	0	
	(ii) Non-resident Indian (NRI)	0	0	0	
	(iii) Foreign national (other than NRI)	0	0	0	
2.	Government				
	(i) Central Government	0	0	0	
	(ii) State Government	0	0	0	
	(iii) Government companies	0	0	0	

3.	Insurance companies	0	0	0	
4.	Banks	0	0	0	
5.	Financial institutions	0	0	0	
6.	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	
8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	0	0	0	
10.	Others	0	0	0	
	Total	1,896,016	54.16	0	0

Total number of shareholders (promoters)

(b) *SHARE HOLDING PATTERN - Public/Other than promoters

S. No.	Category	Equ	ity	Preference		
		Number of shares	Percentage	Number of shares	Percentage	
1.	Individual/Hindu Undivided Family					
	(i) Indian	1,353,355	38.66	0		
	(ii) Non-resident Indian (NRI)	136,928	3.91	0		
	(iii) Foreign national (other than NRI)	0	0	0		
2.	Government					
	(i) Central Government	0	0	0		
	(ii) State Government	0	0	0		
	(iii) Government companies	0	0	0		
3.	Insurance companies	0	0	0		
4.	Banks	0	0	0		
5.	Financial institutions	0	0	0		
6.	Foreign institutional investors	0	0	0		
7.	Mutual funds	6,300	0.18	0		

8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	92,387	2.64	0	
10.	Others Overseas Body Corporate	15,714	0.45	0	
	Total	1,604,684	45.84	0	0

Total number of shareholders (other than promoters)

3,705

Total number of shareholders (Promoters+Public/ Other than promoters)

3,710

VII. *NUMBER OF PROMOTERS, MEMBERS, DEBENTURE HOLDERS (Details, Promoters, Members (other than promoters), Debenture holders)

Details	At the beginning of the year	At the end of the year
Promoters	5	5
Members (other than promoters)	3,372	3,705
Debenture holders	0	0

VIII. DETAILS OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

(A) *Composition of Board of Directors

Category Number of directors at the beginning of the year					e of shares held by s at the end of year	
	Executive	Non-executive	Executive	Non-executive	Executive	Non-executive
A. Promoter	1	1	1	1	24.18	14.76
B. Non-Promoter	0	3	0	3	0	0
(i) Non-Independent	0	0	0	0	0	0
(ii) Independent	0	3	0	3	0	0
C. Nominee Directors representing	0	0	0	0	0	0
(i) Banks & FIs	0	0	0	0	0	0
(ii) Investing institutions	0	0	0	0	0	0
(iii) Government	0	0	0	0	0	0
(iv) Small share holders	0	0	0	0	0	0

(v) Others	0	0	0	0	0	0
Total	1	4	1	4	24.18	14.76

Number of Directors and Key managerial personnel (who is not director) as on the financial year end date | 7

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(B) (i) *Details of directors and Key managerial personnel as on the closure of financial year

Name	DIN/PAN	Designation	Number of equity share(s) held	Date of cessation (after closure of financial year : If any)
Sanjeev Goyal	00221099	Managing Director	846,557	
Saloni Goyal	00400832	Director	516,715	
Manisha Goyal	00724073	Director	0	
Rupali Chawla	06895504	Director	0	
Achal Kumar Khaneja	02282489	Director	0	
Jitender Singh Bisht	BDRPB0631F	CFO	0	
Ayushi Vijay	BAGPV0878J	Company Secretar	0	

(ii) Particulars of change in director(s) and Key managerial personnel during the year

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ĮU .

Name	beginning / during	ICHANGE IN ABSIGNATION/	Nature of change (Appointment/ Change in designation/ Cessation)

IX. MEETINGS OF MEMBERS/CLASS OF MEMBERS/BOARD/COMMITTEES OF THE BOARD OF DIRECTORS

A. MEMBERS/CLASS /REQUISITIONED/NCLT/COURT CONVENED MEETINGS

Number of meetings held 1

Type of meeting	Date of meeting	Total Number of Members entitled to attend meeting	Attendance		
		•		% of total shareholding	
Annual General Meeting	29/09/2021	3,532	24	49.04	

B. BOARD MEETINGS

*Number o	f meetings	held
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4

S. No.	Date of meeting	Total Number of directors associated as on the date	ciated as on the date				
		of meeting	Number of directors attended	% of attendance			
1	24/06/2021	5	4	80			
2	12/08/2021	5	4	80			
3	10/11/2021	5	5	100			
4	14/02/2022	5	5	100			

C. COMMITTEE MEETINGS

Number of meetings held	6
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S. No.	Type of meeting	• •		Attendance		
	3	Date of meeting	of Members as on the date of the meeting	Number of members attended	% of attendance	
1	Audit Committe	24/06/2021	4	3	75	
2	Audit Committe	12/08/2021	4	3	75	
3	Audit Committe	10/11/2021	4	4	100	
4	Audit Committe	14/02/2022	4	4	100	
5	Nomination & I	10/11/2021	4	4	100	
6	Stakeholders F	07/06/2021	4	4	100	

D. *ATTENDANCE OF DIRECTORS

		Board Meetings				Committee Meetings			
S. No.	Name of the director	f the director Meetings which N		Number of % of Attendance		Number of Meetings	% of	held on	
		entitled to attend	attended		entitled to attend	ititled to attended attendance		28/09/2022	
								(Y/N/NA)	
1	Sanjeev Goya	4	4	100	6	6	100	Yes	
2	Saloni Goyal	4	4	100	1	1	100	Yes	
3	Manisha Goya	4	3	75	6	5	83.33	Yes	
4	Rupali Chawla	4	3	75	5	4	80	No	
5	Achal Kumar k	4	4	100	6	4	66.67	Yes	

	Nil									
Number o	of Managing Director, W	/hole-time Director	s and/or Ma	nager v	vhose remunera	tion details to be ent	tered	0		
S. No.	Name	Designation	Gross Sa	alary	Commission	Stock Option/ Sweat equity	Ott	hers	Tota Amo	
1									0	
	Total									
Number o	of CEO, CFO and Comp	pany secretary who	se remuner	ation de	etails to be enter	red		2		
S. No.	Name	Designation	Gross Sa	alary	Commission	Stock Option/ Sweat equity	Ott	hers	Tota Amo	
1	Jitender Bisht	Chief Financial (811,80	00			10	,709	822,5	509
2	Ayushi Vijay	Company Secre	506,04	40			10	,621	516,6	361
	Total		1,317,8	340	0	0	21	,330	1,339	,170
Number o	of other directors whose	remuneration deta	ails to be en	tered				3		_
S. No.	Name	Designation	Gross Sa	alary	Commission	Stock Option/ Sweat equity	Ott	hers	Tota Amo	
1	Rupali Chawla	Independent Dir	0		0	0	24	,000	24,0	100
2	Manisha Goyal	Independent Dir	0		0	0	24	,000	24,0	00
3	Achal Kumar Khane	Independent Dir	0		0	0	32	,000	32,0	00
	Total		0		0	0	80.	,000	80,0	00
* A. Whether the company has made compliances and disclosures in respect of applicable Yes No B. If No, give reasons/observations **(II. PENALTY AND PUNISHMENT - DETAILS THEREOF)										
(A) DETAI	ILS OF PENALTIES / F		OSED ON (_		S /OFFICERS	Nil			
Name of company officers	f the Name of t concerned Authority		f Order	section	of the Act and n under which sed / punished	Details of penalty/ punishment		of appeal g present		

X. *REMUNERATION OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

(B) DETAILS OF CO	MPOUNDING OF O	FFENCES Ni	I		
Name of the company/ directors/ officers	Name of the court/ concerned Authority	Date of Order	Name of the Act section under whoffence committee	ich Particulars of	Amount of compounding (in Rupees)
XIII. Whether comp	lete list of shareho	ders, debenture hol	ders has been en	closed as an attachn	nent
Ye	s No				
XIV. COMPLIANCE	OF SUB-SECTION	(2) OF SECTION 92,	IN CASE OF LIST	TED COMPANIES	
				ore rupees or more or eturn in Form MGT-8.	turnover of Fifty Crore rupees or
Name	Dee	oak Bansal			
Whether associate	e or fellow		e Fellow		
Certificate of pra	ctice number	7433			
	expressly stated to				orrectly and adequately. lied with all the provisions of the
		Decla	ration		
I am Authorised by t	he Board of Director	s of the company vide		19	dated 09/08/2022
					d the rules made thereunder
1. Whatever is	s stated in this form	and in the attachment	s thereto is true, c	orrect and complete ar	nd no information material to ecords maintained by the company.
•		ve been completely a			, , ,
Note: Attention is a punishment for fra	also drawn to the p ud, punishment fo	rovisions of Section false statement and	n 447, section 448 d punishment for	and 449 of the Comp false evidence respe	panies Act, 2013 which provide for ectively.
To be digitally sign	ed by				
Director	SAN V G	JEE Digitally signed by SANJEEV GOVAL Date: 2022.11.11 16:44:48 +05'30'			
DIN of the director	002	221099			

To be digitally signed by	DEEPAK Digitally signed by DEEPAK BANSAL Date: 2022:11.11 17:30:17+0830*			
Company Secretary				
Company secretary in practi	ce			
Membership number 3736		Certificate of prac	ctice number	7433
Attachments				List of attachments
1. List of share holder	s, debenture holders		Attach	List of Shareholders.pdf
2. Approval letter for e	extension of AGM;		Attach	Share Transfer Details.pdf MFL Form MGT 8 2022 10112022.pdf
3. Copy of MGT-8;			Attach	
4. Optional Attacheme	ent(s), if any		Attach	
				Remove attachment
Modify	Check	k Form	Prescrutiny	Submit

This eForm has been taken on file maintained by the Registrar of Companies through electronic mode and on the basis of statement of correctness given by the company